

Insights, Thoughts and Points to Ponder on... Understanding Yourself & Others

Awareness is always the first step because if you are not aware, there is nothing you can change.

Don Miguel Ruiz

People take different roads seeking fulfillment and happiness. Just because they are not on your road does not mean they have gotten lost.

Jackson Browne

We find comfort among those who agree with us – growth among those who don't.

Frank A. Clark

*Every individual matters.
Every individual has a role to play.
Every individual makes a difference.*

Jane Goodall

Compassion, caring, teaching, loving, and sharing your gifts, talents, and abilities are the gateways to power.

Jamie Sams

You were born with potential. You were born with goodness and trust. You were born with ideals and dreams. You were born with greatness. You were born with wings. You are not meant for crawling, so don't. You have wings. Learn to use them and fly.

Rumi

You are not only gold, you are malleable gold. Mold yourself. Your ideas are your model. Make your thoughts golden...Keep expanding your grasp of yourself... reach for the stars, and you will attain them. You will attain yourself.

www.heavenletters.org

Loving all aspects of yourself is the greatest gift you can receive. Self-love is the sweet divine nectar of your soul from which spring forth true abundance, bliss, and peace. Shower your being with a fountain of love and deep appreciation today! Drink in the beauty, preciousness, and perfection of who you are. Love yourself deeply, and you will be surprised by the riches that enter your life. All you have longed for can be yours when you live from a deep and unending well of self-love.

Margot & Jafree